



Funtastic Family Home Evenings
Easy to Prepare! Fun to Share!



DID YOU THINK TO PRAY?

PURPOSE

To help family members understand that prayer brings power and strength in times of trials and temptation.

MATERIALS

- Scriptures
- Small dish filled with water
- Pepper shaker
- A bar of soap

SONG SUGGESTION

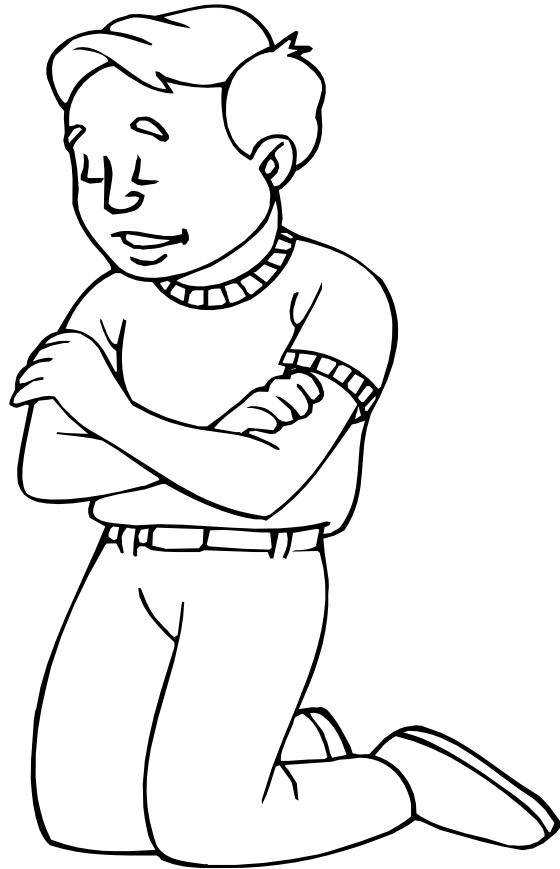
- [Did You Think to Pray?](#) *Hymns*, #140

LESSON IDEAS

1. Shake some pepper onto the water in the dish.
2. Hold up the bar of soap. Have someone rub his/her finger on the soap bar and then touch his/her finger on the surface of the water in the dish (the pepper will spring to the sides of the dish).
 - a. Read D&C 10:5 as a family. Ask your family what this scripture has to do with the object lesson. (Pepper is like Satan's temptations. Prayer gives us power to repel Satan.)
 - b. You may also want to read 2 Nephi 32:8 as a family and remind them that Satan tries to encourage us not to pray.
3. President Brigham Young once said, "Prayer keeps a man from sin, and sin keeps a man from prayer."
4. You may wish to share a personal experience when prayer provided you with strength in time of trial or temptation. Or you may want to share one of the following:
 - a. Video, [Prayer](#) (for older children)
 - b. Story, [The Lifeline of Prayer](#) (for younger children – discuss with your children why the bomb did not explode)
 - c. Story, [A Unique Combination](#) (for older children)
5. Ask your family members to share an experience from their lives when prayer helped them.
 - a. Testify that our Heavenly Father hears our prayers and will help us in times of temptation and trial.

ACTIVITY IDEAS

- Each family member could make a poster to hang in their room of their favorite scripture or quote about prayer.
- Play [Flashlight Freeze Tag](#)
- Have younger children color the pictures below to hang as a poster in their bedrooms.



Prayer Helps Me When I'm Tempted



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