



Funtastic Family Home Evenings  
*Easy to Prepare! Fun to Share!*

## FLYING HIGHER THROUGH ADVERSITY

(Ages ~6 to 17)

### PURPOSE

- To illustrate how challenges and trials can make us stronger and bring us closer to God

### MATERIALS

- Scriptures

### SUGGESTED SONG

- [“Come, Come Ye Saints”](#) #30 in *Hymns*

### LESSON IDEAS

1. Show several minutes or all of the [“Kite Festival”](#) video.
  - a. Ask, “What is one of the most important things you need when you fly a kite?” (the wind)
2. Help your family understand that one of the main reasons Heavenly Father sent us to this planet is to experience trials and adversity. Explain that these challenges can be like the wind. They help us ‘climb higher’ and become more like our Heavenly Father.
3. Show one or more of the following videos to your family. Discuss how the challenges each person faced made them stronger:
  - a. [Ben Underwood](#)
  - b. [God Will Lift Us Up](#)
  - c. [Nick Vujicic](#)
4. You may want to read and discuss one or more of the following:
  - a. D&C 122:1-9
  - b. Elder Orson F. Whitney: “No pain that we suffer, no trial that we experience is wasted. It ministers to our education, to the development of such qualities as patience, faith, fortitude and humility. All that we suffer and all that we endure, especially when we endure it patiently, builds up our characters, purifies our hearts, expands our souls, and makes us more tender and charitable, more worthy to be called the children of God . . . and it is through sorrow and suffering, toil and tribulation, that we gain the education that we come here to acquire and which will make us more like our Father and Mother in heaven” (as quoted in *Faith Precedes the Miracle*, 98).
5. You may want to share the following poem from the book, *Charlie’s Monument*, by Blaine M. Yorgason. (This excellent book is valuable for the entire family. It can be purchased on Amazon.com as a book or for a Kindle reader.)



God,  
Before He sent his children to earth  
Gave each of them  
A very carefully selected package  
Of problems.

These,  
He promised, smiling,  
Are yours alone. No one  
Else may have the blessings  
These problems will bring you.

And only you  
Have the special talents and abilities  
That will be needed  
To make these problems  
Your servants.

Now go down to your birth  
And to your forgetfulness. Know that  
I love you beyond measure.  
These problems that I give you  
Are a symbol of that love.

The monuments you make of your life  
With the help of your problems  
Will be a symbol of your  
Love for me,  
Your Father.

*~ Blaine M. Yorgason*

6. Testify that our Heavenly Father gives us challenges and trials to build our character and help us become more like Him.

#### ACTIVITY

- Kite flying can be a fun family activity. Your family may even want to try building their own kites:
  - [Kite Basics - Build a Kite](#)
  - [Make a Kite](#)
  - [Make Your Own Kite!](#)