

THE HOLY GHOST - STAYING IN RANGE

(Ages ~7 and older)

PURPOSE

To help family members understand things we can do to be in tune with the Holy Ghost

MATERIALS

• Cell phone (or a picture of cell phone)

SONG SUGGESTION

• "Let the Holy Spirit Guide" #143 in Hymns



LESSON IDEAS

- 1. Show your family a cell phone (or a picture of a cell phone). Explain that this device has the ability to receive and send communication (voice, text, etc.) as long as it is in range of the signal. Often a cell phone shows bars or dots to show how much reception it is receiving.
- 2. Explain that each member of the Church has been given a special 'device' called the Holy Ghost. When we are 'in range' of His influence we can receive messages and information from heaven! But sometimes, like a cell phone, we can get 'out of range'.
- 3. Invite family members to share some of the things Satan uses to get us 'out of range' of the promptings of the Holy Ghost:
 - a. Pornography
 - b. Unwholesome television and movies
 - c. Offensive language
 - d. Breaking the Word of Wisdom
 - e. Loud, offensive music
- 4. Discuss as a family some of the things that will help us stay 'in range' of the Holy Ghost:
 - a. Scripture reading
 - b. Prayer
 - c. Church attendance
 - d. Service
 - e. Music
- 5. You may want to share one of more of the following:
 - a. Story, <u>Seek the Spirit of the Lord</u>. Help them discover what was keeping Elder John Wells 'out of range' of the Holy Ghost.
 - b. Video, If I Listen With My Heart
 - c. Story, <u>Hearken to the Spirit</u>

© 2016 Latter-day Light, LLC. All rights reserved.

- 6. President Gordon B. Hinckley, "There is no greater blessing that can come into our lives than ... the companionship of the Holy Spirit" (Boston Massachusetts Regional Conference, 22 Apr. 1995).
- 7. Challenge family members to do those things that will keep them 'in range' of the Holy Ghost.

ACTIVITY IDEAS

- Younger children may enjoy coloring the posters below.
- Play the game, "Can You Hear Me Now?"
 - 1. Select a person to hide in one of the rooms of your house.
 - 2. Send family members to walk through the house one at a time and use their listening skills to try to find the hiding person. The person who is hiding should begin whispering quietly as soon as anyone enters the room in which he/she is hiding. The whispering should be loud enough that anyone in the room who is quietly listening can hear it.
 - 3. Time each person and see who can be the fastest to find the person who is hiding.



I Will Stay In Range of the Holy Ghost!

© 2016 Latter-day Light, LLC. All rights reserved.



I Will Stay In Range of the Holy Ghost!

© 2016 Latter-day Light, LLC. All rights reserved.