

How Much Faith Do You Have?

(Ages ~ 8 and older)

PURPOSE

- 1. To help family members better understand that faith in Jesus Christ is more than believing in Him it is trusting Him enough to do what He asks of us.
- 2. To help family members get a sense of how much faith they have in Jesus Christ.

MATERIALS

• Copies of the handouts below

SUGGESTED SONG

• "Dare to Do Right" #158 in Children's Songbook

LESSON IDEAS

- 1. Tell your family that <u>a survey was conducted in 2016</u> to determine how many Americans believe in Jesus Christ.
 - a. Ask your family, "What percent do you think said they believe in Jesus?" (77%)
 - b. Ask, "Do you think that 77% of Americans are following the teachings of Jesus Christ?"
- 2. Ask your family, "Is there a difference between believing in Jesus Christ and exercising faith in Jesus Christ?"
- 3. Read the following true scriptures as a family:
 - a. Matthew 7:21
 - b. James 2:17
 - c. Ask, "What do these scripture teach us about the difference between belief and faith?" (Faith in Jesus Christ is more than believing in Him it is trusting Him enough to act on His words)
- 4. Ask your family if they would like to know how much faith they have in Jesus Christ. Explain that the level of our faith is demonstrated by the level of our obedience to the teachings of Jesus.
 - a. Hand out the questionnaire below to each family member or read the questions to family members.
 - b. You may want to allow family members to share what they are doing that shows their faith in Jesus Christ and what they can do to improve.
- 5. Show your family the quote from President Gordon B. Hinckley.

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6. Testify of the importance of growing in our faith in Jesus Christ so we will be ready and worthy when He comes again.

ACTIVITY IDEA

- Invite young children to color this picture: The Second Coming of Jesus Christ
- Make copies of President Hinckley's quote and invite family members to hang it where they can see it often.
- Your family may enjoy taking turns playing "Double Trouble" on the Disney page.

How Much Faith in Jesus Christ Do You Have?

- 1. Do you say your personal prayers morning and evening?
- 2. Do you pay a full tithing?
- 3. Do you live the Word of Wisdom?
- 4. Do you keep the Sabbath Day holy?
- 5. Do you watch clean and uplifting movies and TV?
- 6. Do you swear or tell dirty jokes?
- 7. Do you read your scriptures daily?
- 8. Do you lie or cheat?
- 9. Do you steal or shoplift?
- 10. Are you kind to others?

"Of all our needs I think the greatest is an increase in faith."



- President Gordon B. Hinckley