

JESUS IS OUR PATTERN

(Ages ~6 and older)

PURPOSE

To help family members better understand the importance of following Jesus' example

MATERIALS

- A cardboard pattern of a horse (below)
- Paper and pencils

SONG SUGGESTION

• "Come Follow Me" #116 in Hymns



LESSON IDEAS

Note: Prior to the lesson print and cut out a pattern of one of the horses (below) on card stock or cardboard

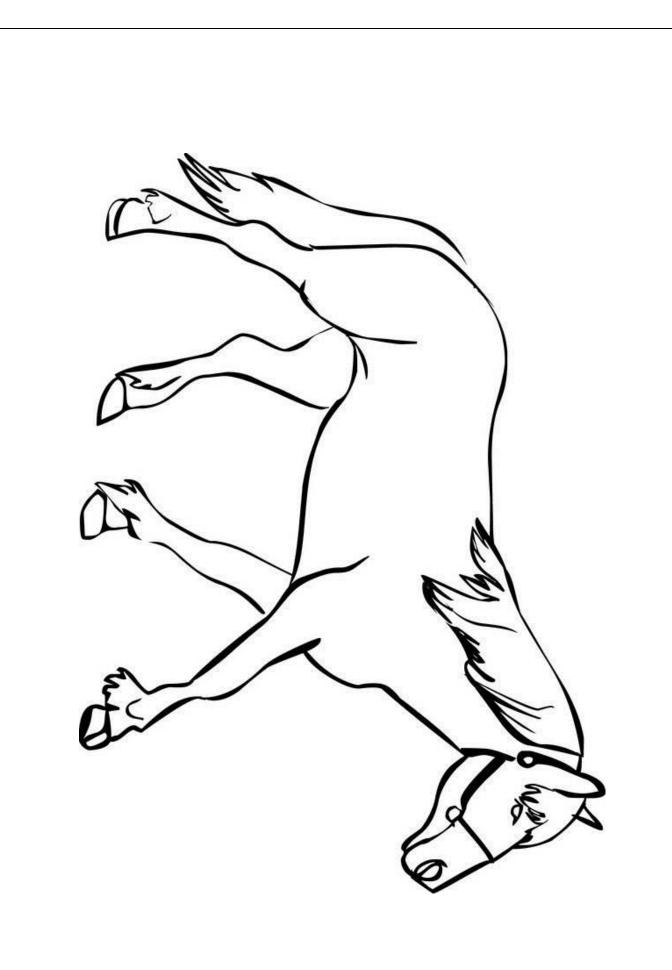
- 1. Give each family member a paper and pencil and ask them to draw a horse.
 - a. After a few minutes give family members the pattern and have them draw it again.
 - b. Ask, "Is the drawing better? Why was it easier?"
- 2. Explain that Heavenly Father has given us a pattern to follow in becoming like Him. Our pattern is Jesus Christ.
- 3. Watch the following video, <u>Light the World</u>. Ask your family to watch for things Jesus did that we should follow.
 - a. Discuss what they saw.
- 4. Older children: Read the scriptures as a family and complete the chart below, "Jesus Is Our Example"
- 5. Younger children: Read John 13:15 and ask how they could follow Jesus in these situations:
 - a. John wants to cheat off of your paper in school
 - b. Jami is laughing at a handicapped boy
 - c. You accidentally broke one of your sister's favorite toys
 - d. Your friend David invites you to go to a movie on Sunday
- 6. Your family may enjoy these stories:
 - a. Do As I'm Doing (younger children)
 - b. A True Champ (older children)

7. Testify how much happier and how much more like Heavenly Father we are when we follow the example of Jesus in all we do.

ACTIVITY IDEAS

- Help younger children follow <u>these instructions</u> (scroll to the bottom) to make a book that can remind them how we can follow Jesus.
- Emphasize the value of a 'pattern' by having a cooking contest between the guys in the girls in the family using one of these chocolate chip cookie recipes.

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How Jesus Is Our Example

What He Did	What We Should Do
Matthew 3:13-17	
Mark 10:13-16	
Mark 6:53-56; 7:31-35	
Luke 23:34	
Matthew 6:5-13	
Matthew 4:1-11	
John 13:4-5,12-16	

