



Funtastic Family Home Evenings
Easy to Prepare! Fun to Share!



REMEMBER WHO YOU ARE

(Ages ~4 and older)

PURPOSE

- To help family members better understand that they are children of God
- To encourage family members to do those things that help them remember they are children of Heavenly Father

MATERIALS

- Scriptures
- A small piece of string tied around your finger

SUGGESTED SONG

- Your family may enjoy watching "[I Am a Child of God](#)" sung in different languages.

LESSON

1. Hold up your hand and show the string tied around your finger. Ask, "Why do some people tie a string around their finger?" (to help them remember something)
2. Ask your family, "What do you think is one of the most important things we should remember?"
3. Invite your family to watch the following video clip from [The Lion King](#). Ask them to watch closely for something very important Simba has forgotten. (If your family has not seen "The Lion King" you may want to summarize the movie first. [Click here](#) for a quick summary of the movie.)
 - a. Ask, "What had Simba forgotten?" (who he was; that he was Mufasa's son)
4. Share the following with your family:
 - a. Before we were born on this earth we lived with our Heavenly Father. He is the father of our spirits (Hebrews 12:9).
 - b. When we were born our Heavenly Father placed a veil of forgetfulness over our minds so we would no longer remember who we are.
 - c. One of the most important things we can remember is who we really are. We are children of a God!
5. Show the video, [Our True Identity](#)
6. For older children you may want to read and discuss Moses 1:1-7.
 - a. Have family members watch for how many times Moses is reminded that he is God's son.

7. Ask, “What are some of the things we can do to help us remember who we are?”
 - Read scriptures
 - Pray morning and evening
 - Read our patriarchal blessing
8. You may want to challenge family members to set a goal this week for reading their scriptures or saying their personal prayers.
9. You may want to watch or sing along as you watch the video, [Child of God](#).
10. Testify that you and your family are children of our Heavenly Father. He loves us. We are VERY important to Him.

ACTIVITY

- These are fun “Remember” games your family may enjoy:
 - Younger children: [Memory Games](#)
 - Older children and adults: [Memory Games](#)