



Funtastic Family Home Evenings  
*Easy to Prepare! Fun to Share!*

## **THERE IS NO DEATH ABOVE**

(Ages ~7 to 18)

### PURPOSE

To help family members understand that:

- We are beings consisting of a body and a spirit
- When a person's body dies the spirit lives on
- Because of Jesus Christ we will be resurrected and receive perfect bodies that will never die



### MATERIALS

- A glove

### SONG SUGGESTION

- [“If You Could Hie to Kolob”](#) (especially verse 5), *Hymns* # 284.

### LESSON IDEAS

1. Hold up the glove and your hand. Compare the glove to our body and the hand to our spirit. Help your family understand that:
  - a. We have both a body and a spirit.
  - b. Sometime prior to birth our spirit entered our body (slide your hand in the glove).
  - c. Just as the glove has no “life” without the hand, so the body has no life without the spirit (remove your hand from the glove).
  - d. When our spirit leaves our body the body stops working, but our eternal spirit lives on.
2. Slip the glove back on your hand and testify that because of the resurrection of Jesus Christ we will be resurrected and receive perfect bodies that will never die.
  - a. You may want to read one or more of the following scriptures with your family:
    - i. Alma 11:42-45
    - ii. D&C 93:33-34
    - iii. D&C 138:11-18
3. You may want to share the following video with your family:
  - a. Video, [He Will Give You Help](#)
4. You may want to share the story, [Information, Please](#) (scroll down through President Monson's article until you reach the heading, “Information Please”).
5. Testify to your family of the reality of life after death and the great blessing of resurrection through Jesus Christ.

## **ACTIVITY IDEAS**

- Since your lesson involves hands, your family may enjoy learning clapping games:
  - [ABC Clap Song](#)
  - [Boom Snap Clap](#)
- Coloring activity: [Mary at the Tomb](#)