



Funtastic Family Home Evenings
Easy to Prepare! Fun to Share!

WE ARE HIS HANDS

(Ages ~5 to 10)

PURPOSE

The help family members understand the importance of being the ‘hands of Christ’ in serving those around us

MATERIALS

- A wrapped piece of candy for each member of the family

SONG SUGGESTION

- “[When We’re Helping](#)” page 198 in the *Children’s Songbook*



LESSON IDEAS

1. Give a wrapped piece of candy to each member of your family. Explain that they are welcome to eat it, but they are not allowed to use their hands to unwrap or to eat it.
 - a. After a few minutes allow one member of the family to use his/her hands. Wait to see if that person will use his/her hands not only to eat his/her own candy, but to help other members of the family.
 - b. Ask family members how they felt toward the one who helped (or didn’t help) them unwrap their candy.
2. Share the following quote by President Spencer W. Kimball: “God does notice us, and he watches over us. But it is usually through another person that he meets our needs. Therefore, it is vital that we serve each other in the kingdom” (*Ensign*, Dec. 1974, 2).
3. Read the story “*We Are His Hands*” (below)
 - a. Read and discuss Mosiah 2:17.
4. You may wish to share one or more of the following:
 - a. Story for older children, [Fresh Crab and French Bread](#) (scroll down to the second story on the web page). You may want to discuss how Emma’s prayer was answered through the service of her friend.
 - b. Story for younger children, [Mike’s Delivery Service](#). Discuss how Mike was the ‘hands’ for his mother, aunt and neighbor.
 - c. Video, [Pass It On](#)
5. Testify of the importance of our being the ‘hands of Christ’ to serve those around us.

ACTIVITY IDEAS

- Since the lesson focuses on hands, younger children may enjoy these [Hand Clapping Games](#)

- Have younger children color one of the posters (below) to hang in their rooms
- Discuss as a family the people in your neighborhood, ward or community who are in need. Discuss things your family could do to help. Select a date when your family could provide that service.

STORY

We Are His Hands

The story is told that during World War II, a church building in Strasbourg, France was destroyed by bombings. After the bombing had ceased, the members of the church looked over the damage. In spite of the severe damage they were pleased that a statue of Christ with outstretched hands was still standing. It had been sculpted centuries before by a great artist.

The people discovered, however, that both hands of Christ had been sheered off by a falling beam. Later, a sculptor in the town offered to replace the broken hands as a gift to the church.

The church leaders met to consider the offer and, after giving it considerable thought, decided *not* to accept. They felt the statue without hands would be a great message to everyone that the work of Jesus Christ is often done through His people. If there are sick, lonely, or hungry people around us, we are the hands the Savior will use to answer those needs.

Images courtesy of Inspire Graphics



We Are His Hands!



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