

What I Would Keep in Christmas

(Ages \sim 5 and older)

PURPOSE

• To help family members better understand that the most valuable things at Christmastime are not things

MATERIALS

- Scriptures for everyone
- Paper and pencil for everyone

SUGGESTED SONG

• "Away in a Manger" #206 in Hymns

LESSON IDEAS

- 1. Begin by asking your family what they like about Christmas. Have someone write down all of the things your family says.
- 2. Ask, "Which things would you keep if you could only keep 5 things in Christmas?"
 - a. Help each family member make their own list
- 3. Have each family member share the 5 things they would keep in Christmas and have him/her explain why he/she would keep those 5.
- 4. Invite your family to discover things that were in the first Christmas by doing one or more of the following:
 - a. Read Luke 2 as a family.
 - b. Watch the video, The Nativity
- 5. Ask your family to name things which were a part of the very first Christmas:
 - Worshipping the Savior
 - Family
 - Singing
 - Gift giving (You may want to point out that the Wise men did not come to visit the Christ Child until several years later.)
 - Giving service to others.
- 6. You may want to share one of the following stories to learn what other families do to invite Christ into their Christmas season:
 - a. More Than Lights and Bright Colors
 - b. Remembering Christ at Christmas

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7. Testify that the most important things at Christmastime focus on Jesus Christ and families.

ACTIVITY

- Think of someone in your ward or neighborhood who might be in need of service or lonely at Christmastime. Plan a family activity to do one or more of the following:
 - o Sign carols on their doorstep
 - o Take them homemade gifts or baked goods
 - o Invite them to your house for dinner