



Funtastic Family Home Evenings
Easy to Prepare! Fun to Share!

CLEAN AND UPLIFTING SPEECH

PURPOSE

To help listeners better understand the importance of using clean and wholesome language

MATERIALS

- Paper and pencil
- A watch or a timer
- Scriptures

LESSON IDEAS

1. Begin by telling listeners you are going to play a game called “Forbidden Words” (suitable for children 7 and older). The rules are:
 - a. A person is sent out of the room while the rest of the group selects an everyday word (for example: happy, spoon, school, etc.) Avoid picking a word like ‘the’ or ‘a’ because the person will quickly figure it out.
 - b. When the person returns to the room the group begins to have a conversation with him/her. The purpose is to get the person to say the selected word as many times as possible. Each time the person says the word a group member puts a minus point on the paper and lets the person know that something he/she just said is ‘forbidden’.
 - c. Each conversation should last around 2 minutes. If the person can guess the selected word within the 2 minutes and not say it again, all of the minus points are erased.
 - d. The winner is the person with zero or the lowest number of minus points.
2. Explain that some words are ‘forbidden’ because:
 - a. They are not pleasing to our Heavenly Father.
 - b. They can hurt another person’s feelings.
 - c. They can cause the Spirit of the Lord to leave.
 - d. (You may want to discuss what these words are)
3. Read James 3:2-10 and discuss the importance of controlling our tongue.
4. Testify how pleased Heavenly Father is and how happier we are when we use clean and wholesome speech.

