

THE HOLY GHOST – STAYING IN RANGE

PURPOSE

To help listeners understand things we can do to be in tune with the Holy Ghost

MATERIALS

• Cell phone (or a picture of cell phone)

LESSON

- 1. Show listeners a cell phone (or a picture of a cell phone). Explain that this device has the ability receive and send communication (voice, text, etc.) as long as it is in range of the signal. Often a cell phone shows "bars" to show how much reception it is receiving.
- 2. Explain that each member of the Church has been given a special 'device' called the Holy Ghost. When we are 'in range' of His influence we can receive messages and information from heaven! But sometimes, like a cell phone, we can get 'out of range'.
- 3. Invite listeners to share some of the things Satan uses to get us 'out of range' of the promptings of the Holy Ghost:
 - a. Pornography
 - b. Unwholesome television and movies
 - c. Offensive language
 - d. Breaking the Word of Wisdom
 - e. Loud, offensive music
- 4. Discuss some of the things that will help us stay 'in range' of the Holy Ghost:
 - a. Scripture reading
 - b. Prayer
 - c. Church attendance
 - d. Service
 - e. Music
- 5. President Gordon B. Hinckley, "There is no greater blessing that can come into our lives than ... the companionship of the Holy Spirit" (Boston Massachusetts Regional Conference, 22 Apr. 1995).
- 6. Testify of the importance of living our lives so we 'stay in range' of the Holy Ghost.

