THE HOLY GHOST – STAYING IN RANGE

PURPOSE
To help listeners understand things we can do to be in tune with the Holy Ghost

MATERIALS
- Cell phone (or a picture of cell phone)

LESSON
1. Show listeners a cell phone (or a picture of a cell phone). Explain that this device has the ability receive and send communication (voice, text, etc.) as long as it is in range of the signal. Often a cell phone shows “bars” to show how much reception it is receiving.

2. Explain that each member of the Church has been given a special ‘device’ called the Holy Ghost. When we are ‘in range’ of His influence we can receive messages and information from heaven! But sometimes, like a cell phone, we can get ‘out of range’.

3. Invite listeners to share some of the things Satan uses to get us ‘out of range’ of the promptings of the Holy Ghost:
   a. Pornography
   b. Unwholesome television and movies
   c. Offensive language
   d. Breaking the Word of Wisdom
   e. Loud, offensive music

4. Discuss some of the things that will help us stay ‘in range’ of the Holy Ghost:
   a. Scripture reading
   b. Prayer
   c. Church attendance
   d. Service
   e. Music

5. President Gordon B. Hinckley, “There is no greater blessing that can come into our lives than … the companionship of the Holy Spirit” (Boston Massachusetts Regional Conference, 22 Apr. 1995).

6. Testify of the importance of living our lives so we ‘stay in range’ of the Holy Ghost.