

THE SCRIPTURES – GETTING THEM INSIDE

PURPOSE

To illustrate that we must learn <u>and</u> live the scriptures in order to gain access to the spiritual wisdom and power they possess.

MATERIALS

- An aspirin
- Tape
- Scriptures
- Article by Elder Howard W. Hunter, <u>"Reading the Scriptures"</u> (*Ensign*, November 1979, 64).



LESSON

- 1. Begin by announcing that you have a terrible headache. Ask if you can have a moment to take an aspirin. Take the aspirin and tape it to your forehead.
- 2. Ask, "How long do you think it will take for the aspirin to take care of my headache?"
 - a. Help your listeners understand that the pill won't help until it gets inside our bodies.
- 3. Hold up the scriptures. Testify that the scriptures are powerful medicine for every spiritual illness ever known to man and contain the wisdom to help us obtain eternal life.
 - a. Ask, "What must I do to have these scriptures help me?" (Study and live them)
- 4. Scriptures you may want to share:
 - a. 1 Nephi 15:23-24
 - b. 2 Nephi 32:3
 - c. 2 Timothy 3:14-17
- 5. You may want to share portions from the excellent article by Elder Howard W. Hunter, "Reading the Scriptures" (*Ensign*, November 1979, 64).
- 6. Challenge your listeners to spend time daily in the scriptures and to strive to apply them in their lives.