

THERE IS NO DEATH ABOVE

PURPOSE

To help listeners understand that:

- We are beings consisting of a body and a spirit
- When a person's body dies the spirit lives on
- Because of Jesus Christ we will be resurrected and receive perfect bodies that will never die

MATERIALS

- A glove
- Scriptures

LESSON IDEAS

- 1. Put the glove on your hand. Hold up your hand and move your fingers so the glove moves also.
- 2. Take the glove off your hand and lay it on the table. Ask, "Why isn't the glove moving anymore?"
- 3. Compare the glove to our body and the hand to our spirit. Help listeners understand that:
 - a. We have both a body and a spirit.
 - b. Sometime prior to birth our spirit entered our body.
 - c. Just as the glove has no "life" without the hand, so the body has no life without the spirit.
 - d. In the true sense, there is no such thing as death. When our spirit leaves our body the body stops working, but our eternal spirit lives on.
- 4. Slip the glove back on your hand and testify that because of the resurrection of Jesus Christ we will be resurrected and receive perfect bodies that will never die.
 - a. You may want to read one or more of the following scriptures:
 - i. Alma 11:42-45
 - ii. D&C 93:33-34
 - iii. D&C 138:11-18
- 5. Testify of the reality life after death and of the great blessing of resurrection through Jesus Christ.

