

TRIALS CAN HELP US SOAR

PURPOSE

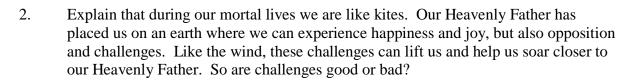
To illustrate that challenges and trials can lift us closer to God.

MATERIALS

- A kite (or use picture below)
- Scriptures

LESSON

- 1. Hold up the kite and ask:
 - a. "What is it that keeps a kite in the air?" (Wind)
 - b. "What happens when the wind stops blowing?"
 - c. "So is the wind a good thing or a bad thing for a kite?"



- 3. Share the following scriptures:
 - a. D&C 122:5-7
 - b. Read Alma 36:3
- 4. Testify that our Heavenly Father gives us challenges and trials to lift us and to help us become more like Him.



