



Funtastic Family Home Evenings
Easy to Prepare! Fun to Share!

TRIALS CAN HELP US SOAR

PURPOSE

To illustrate that challenges and trials can lift us closer to God.

MATERIALS

- A kite (or use picture below)
- Scriptures



LESSON

1. Hold up the kite and ask:
 - a. “What is it that keeps a kite in the air?” (Wind)
 - b. “What happens when the wind stops blowing?”
 - c. “So is the wind a good thing or a bad thing for a kite?”
2. Explain that during our mortal lives we are like kites. Our Heavenly Father has placed us on an earth where we can experience happiness and joy, but also opposition and challenges. Like the wind, these challenges can lift us and help us soar closer to our Heavenly Father. So are challenges good or bad?
3. Share the following scriptures:
 - a. D&C 122:5-7
 - b. Read Alma 36:3
4. Testify that our Heavenly Father gives us challenges and trials to lift us and to help us become more like Him.

