



Funtastic Family Home Evenings
Easy to Prepare! Fun to Share!

BY THE SWEAT OF THY FACE

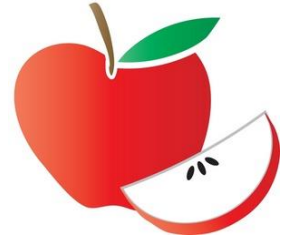
(Ages ~7 and older)

PURPOSE

To help family members understand that the Lord expects us to learn how to work to provide for ourselves and our family.

MATERIALS

- Scriptures
- An apple cut into sections
- Apple seeds



SONG SUGGESTION

- “[When We’re Helping](#)” page 198 in *Children’s Songbook*

LESSON IDEAS

1. Ask your family if they like apples.
 - a. Give them each a slice of apple and let them eat it.
 - b. Explain that in the Garden of Eden all of the food was provided for Adam and Eve without any effort.
2. Give each family member an apple seed.
 - a. Invite your family to read Moses 4:23-25 and Moses 5:1. Ask them to look for what changes took place after Adam and Eve were cast out of the Garden of Eden.
 - b. Explain that after Adam and Eve were cast out from the Garden Heavenly Father didn’t just give them their food. He expected them to learn how to work. God told Adam and Eve that these changes were “for [their] sake”.
3. Help your family understand that learning to work is something Heavenly Father wants for all of His children. Scriptures and quotes you may want to share and discuss:
 - a. D&C 75:29; D&C 88:124
 - b. President Dieter F. Uchtdorf: “How I admire men, women, and children who know how to work! How the Lord loves the laborer!” (*Ensign*, October 2009).
 - c. Elder L. Tom Perry: “Teaching children the joy of honest labor is one of the greatest of all gifts you can bestow upon them. I am convinced that one of the reasons for the breakup of so many couples today is the failure of parents to teach and train sons in their responsibility to provide and care for their families and to enjoy the challenge this responsibility brings. Oh, how essential it is that children be taught early in life the joy that comes from starting and fashioning a job that is the workmanship of their own hands. Teach children the joy of honest labor” (*Ensign*, October 1986).

- d. Bishop H. David Burton: “One of parents’ most important responsibilities is to teach their children to work. Even young children can begin to experience the benefits of working when they are involved in household chores and in service to others. Wise parents will work alongside their children, will provide frequent praise, and will make sure no task is overwhelming” (*Ensign*, December 2009).
 - e. *For the Strength of Youth*: “Work is honorable. Developing the capacity to work will help you contribute to the world in which you live. It will bring you an increased sense of self-worth. It will bless you and your family, both now and in the future. Learning to work begins in the home. Help your family by willingly participating in the work necessary to maintain a home. Set high goals for yourself, and be willing to work hard to achieve them. Develop self-discipline, and be dependable. Do your best in your Church callings, schoolwork, employment, and other worthwhile pursuits. Young men should be willing to do what is needed to be prepared to serve a full-time mission.”
4. You may want to watch one or more of the following videos:
 - a. [Sedrick's Journey](#)
 - i. “What did Sedrick do to earn money?”
 - ii. “How long did it take him to ride his bike to sell bananas?”
 - iii. “How long did it take Sedrick to earn enough for his passport?”
 - b. [Put Your Shoulder to the Wheel](#)
 - i. “What did Elder Maxwell do as a boy to earn money?”
 - ii. “What caused him to be embarrassed?”
 - c. [Only a Stonecutter](#)
 - i. “What impressed you most about this man?”
 - ii. “How did he bless his family and the Church because he knew how to work?”
 5. Testify that Heavenly Father loves us and wants us to learn how to work.

ACTIVITY IDEAS

- Younger children may enjoy coloring pages from the [Scripture Stories Coloring Book: Pearl of Great Price](#)
- Family members may want to select and work on a service project for someone in their ward or neighborhood.
- Family members may want to select and work on a project that needs to be done in their home or yard.